

# ROCKWALL

	Monday	Tuesday	Wednesday	Thursday	Friday
4:30 - 5:30 p.m.	Kids' Climb		Family Climb*		
5:00 - 6:00 p.m.		Kids' Climb		Kids' Climb	
6:00 - 7:00 p.m.		Adult Climb		Adult Climb	
	Saturday				
10:15 - 11:45 a.m.	Kids' Climb				

New time!

**\*Family Climb Policies:** Children under the age of 6 MUST have a parent present. Those who can safely fit into a full-body harness are welcome to climb. Only Pacific Clinic staff belay during adult climb.

**Belay Certification Class**  
**October 21**  
 6:00 - 8:00 p.m.  
 Members: FREE  
 Non-Members: \$10.00  
 Join our adult climb professionals for a comprehensive workshop on safe climbing techniques and belay certification. This event is open to all adults looking to enhance their climbing skills and become certified to use our rock wall independently with another certified climber.



**Diva Climb**  
**October 9**  
 6:00 - 8:00 p.m.  
 Members: FREE  
 Non-Members: \$10.00  
**Calling all women! Join us for an empowering and fun-filled women-only climbing event.** Whether you're a seasoned climber or a complete beginner, this event is for you. Come climb, enjoy delicious and healthy snacks, and stand a chance to win amazing prizes!




**Challenge Climb**  
**September 17, November 19**  
 6:00 - 8:00 p.m.  
 Members: FREE  
 Non-Members: \$10.00  
**Come test your climbing abilities at our exciting climbing challenge event!** Participants will draw a climbing route out of a hat and aim to climb to the top. Prizes will be drawn at random, giving everyone a chance to win!

