

POOL 1 SCHEDULE

Updated 9/1/2024

NO LIFEGUARD ON DUTY 4:30-6am!! Adult swim only.

A Lifeguard will be on duty: Monday-Friday from 6:00 a.m.-9:30 p.m.

Saturday 7:00 a.m. -7:30 p.m.

Sunday 9:00 a.m.-7:30 p.m.

Swim Lesson Programming

Aquatic Fitness classes

THERE IS NO OPEN SWIM ALLOWED DURING AQUATIC CLASSES

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
5:00	CLOSED	Adult Swim Laps-2	Adult Swim Laps-2	Adult Swim Laps-2	Adult Swim Laps-2	Adult Swim Laps-2	CLOSED			
6:00		Aqua Fit-2 Laps-2	Open Swim Laps-2	Aqua Fit-2 Laps-2	Open Swim Laps-2	Aqua Fit-2 Laps-2				
7:00		Open Swim Laps-2		Open Swim Laps-2		Open Swim Laps-2				
8:00		Aqua Dance-3 Laps-1	Aqua Strong-3 Laps-1	Aqua Fit-3 Laps-1	Aqua Strong-3 Laps-1	Aqua Dance-3 Laps-1		Aqua WORKX-3 Laps-1		
9:00	Open Swim Laps-2	Aqua Flex & Flow-3 Laps-1	Aqua Strong-3 Laps-0	Aqua Flex & Flow-3 Laps-1	Aqua Strong-3 Laps-0	Aqua Flex & Flow-3 Laps-1	Swim Lessons-2 Laps-0			
10:00		Swim Lessons-1 Laps -1	Swim Lessons-1 Laps -1	Barre & Balance-4 Laps-0	Swim Lessons-1 Laps -1	Swim Lessons-2 Laps-0	Swim Lessons-2 Laps-0	Open Swim		
11:00		Open Swim Laps-2							Open Swim	Open Swim
12:00		Aqua Blast-4 Laps-0	Aqua Fit-4 Laps-0	Aqua Blast-4 Laps-0	Aqua Fit-4 Laps-0	Open Swim Laps-2	Open Swim Laps-2			
1:00		Open Swim Laps-2	Open Swim Laps-2	Open Swim Laps-2	Open Swim Laps-2					
2:00		Physical Therapy-1 Laps-1	Physical Therapy-1 Laps-1	Physical Therapy-1 Laps-1	Physical Therapy-1 Laps-1					
3:00		Open Swim	Open Swim	Open Swim	Open Swim	POOL PARTY Inflatable Laps-0 *begins 10/5				
4:00		Swim Lessons-2 Laps-0	Swim Lessons-2 Laps-0	Swim Lessons-2 Laps-0	Swim Lessons-2 Laps-0					
5:00		Open Swim	Open Swim	Open Swim	Open Swim					
6:00		CLOSED	Open Swim Laps-2	Open Swim Laps-2	Open Swim Laps-2	Open Swim Laps-2	POOL PARTY Inflatable Laps-0 *begins 10/4	Open Swim Laps-2		
7:00	Open Swim Laps-2						Open Swim Laps-2		Open Swim Laps-2	Open Swim Laps-2
8:00	Open Swim Laps-2						Open Swim Laps-2		Open Swim Laps-2	Open Swim Laps-2
9:00	CLOSED						CLOSED		CLOSED	CLOSED

POOL 2 SCHEDULE

Updated 9/1/24

NO LIFEGUARD ON DUTY DURING LAP SWIM

Lifeguard is stationed in Pool 1

Pool 2 LAP SWIM is for swimmers 16 years and older. Reservation REQUIRED *See below for Open Swim Times

Lane 1 is first come-first serve when not being used in other programs

Lanes 2 & 3 MUST be reserved. Max 1 person. Lap swimming or water fitness

Lanes 4 & 5 MUST be reserved. Max 2 persons. Lap swimming or water fitness

Children under 16 are only allowed in Pool 2 during scheduled LIFEGUARD SUPERVISED OPEN SWIM times and only if a lane is available:

SUNDAY All day 9am-7pm, MONDAY-THURSDAY 7-9pm, FRIDAY 5-9pm, SATURDAY 10-11am and 12-7pm

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00	CLOSED	Channel Cats-3 Laps-2	Masters-5 Laps-0	Channel Cats-3 Laps-2	Masters-5 Laps-0	Ext. Masters-5 Laps-0	CLOSED
6:00		Laps-5	Laps-5	Laps-5	Laps-5	Laps-5	
7:00							Masters-5 Laps-0
8:00							Channel Cats-5 Laps-0
9:00	Open Swim LIFEGUARD ON DUTY Laps available	TriSwim-5 Laps-0	Aqua Deep-3 Laps-2	TriSwim-5 Laps-0	Aqua Deep-3 Laps-2		
10:00		Laps-5	Laps-5	Laps-5	Laps-5		
11:00							PC Flyers-5 Laps-0
12:00							Open Swim LIFEGUARD ON DUTY Laps available
1:00							
2:00							
3:00		Channel Cats-5 Laps-0	Channel Cats-5 Laps-0	Channel Cats-5 Laps-0	Channel Cats-5 Laps-0	Channel Cats-5 Laps-0	
4:00							
5:00							Open Swim LIFEGUARD ON DUTY
6:00			Laps-5	PC Flyers-5 Laps-0	Laps-5	PC Flyers-5 Laps-0	Laps available
7:00	CLOSED	Open Swim LIFEGUARD ON DUTY	Open Swim LIFEGUARD ON DUTY	Open Swim LIFEGUARD ON DUTY	Open Swim LIFEGUARD ON DUTY		CLOSED
8:00		Laps available	Laps available	Laps available	Laps available		